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Friday, May 25, 2012

Black Men & Boys Series: Meet “The Good Sheppard”



"The Good Sheppard" (center) with Anthony Stewart and Trooper Carl Wright, President of San Diego Chapter of the Buffalo Soldiers 9th and 10th (Horse) Cavalry at Veteran's Village of San Diego.

BGB's BLACK MEN & BOYS SERIES :: SHINING A LIGHT

SAN DIEGO, CA - On Saturday, May 19th, Sean Sheppard, also known as "The Good Sheppard," received an honorary membership from the San Diego Chapter of the Buffalo Soldiers for his service to the nation's homeless and veterans. Trooper Carl Wright, president of the San Diego Chapter of Buffalo Soldiers shared, "Sean has demonstrated values that make our community stronger by

encouraging family and friends of all ages to get involved and make a difference, serving the homeless and veterans, getting high school and college students involved in community service, and supporting the American Legion and the Buffalo Soldiers.”

The Buffalo Soldiers, comprised of former slaves, freemen and Black Civil War soldiers, were members of the U.S 10th Cavalry Regiments of the United States Army. The San Diego Buffalo Soldiers mission is to provide a historically accurate account of the Buffalo Soldiers' contribution to American history, specifically the participation of the 9th & 10th Horse Cavalry. Honorary memberships are awarded to any person who has performed distinguished service for the United States, local communities, or for the Buffalo Soldiers.

Sean founded [Embrace](#) in 2000, an organization that uses community service to bring diverse groups of people together to bring about social wellness in our society. Embrace focuses on the utilization of college students and recent graduates to develop their leadership qualities and remedy community problems such as health disparities and homelessness on a volunteer basis. His ultimate goal is to bring about legislation that makes community service mandatory for all college students that attend state funded institutions of higher education.

Sean's organization caught the attention of ‘The View’ co-host Sherri Shepherd, when she learned that Sean moved a homeless woman into his own home in an effort to help her and her son rebuild their lives. That [homeless woman](#) happened to be a star on the former television show ‘American Gladiator.’ Shepherd was so moved by the story, that she asked her wedding guests to donate to Embrace in lieu of gifts (view the video [here](#)).

Sean shared about his honor, “I haven’t always had the highest regard for active military and veterans because of the negative effect the Vietnam War had on my father who saw combat in the Army (91st EBC, 1st US Army). For my life to change to the point of being honored by the legendary Buffalo Soldiers is surreal and beyond humbling. It's the most significant personal recognition I've ever received.”



Sean Sheppard, standing with the San Diego Chapter of the Buffalo Soldiers 9th and 10th (Horse) Cavalry as the second official Honorary Member at Veteran's Village of San Diego.

Visit www.embrace1.org to learn more.

[Tracey](#) at [Friday, May 25, 2012](#)

Original URL: <http://www.blackgivesback.com/2012/05/black-men-boys-series-meet-good.html?m=1>